

– Our New Normal –

Welcome to SugarBeat and the new normal. This will all feel rather strange to you, just as it is to us. As it's all new please bear with us as we get used to our new working life. We want to make this experience as good as we possibly can. There will be bumps in the road as we navigate along this new journey. We are sure with a little bit of patience and determination we will get there. Our priorities are the safety of you, our staff and to ensure your visit lives up to all your usual expectations of SugarBeat.

A few bits of helpful information below:

Booking - Book in advance to ensure you have a table with us via telephone or our website www.sugarbeateatinghouse.co.uk

Arrival - From the car park follow the signage, at the front door wait for our host to welcome you, sanitise your hands before going to your table. Once seated we ask you to remain at your table.

Ordering - There is no ordering or drinking at the bar. We will take your order and bring all food and drinks to your table.

Contact details - We will take your contact details for the HHS Track & Trace System (kept for 21 days then destroyed)

Toilet facilities - If you need to use the toilets facilities please let your server know and they will check and let you know they are free to use. It is a strictly one in one out basis with no queuing. Our team will let you know when to leave the table, all children under the age of 10 to be accompanied.

Social Distancing - Signage will guide you around the building. Please maintain social distancing at all times.

Future Booking - When coming again we strongly recommend booking in advance to avoid disappointment as we are working with half our usual capacity.

Inside tables are only available for members of 2 households and a support bubble. For households over 6 please call to make your reservation.

Outside tables are for a maximum of 4 or multiples there of. If you are from different households, you must maintain social distancing as per government guidelines.

Payment - All payment should be by contactless credit or debit card.

Questions, worries or suggestions - If you have any questions, worries or suggestions please let us know at any time and we will be happy to help in any way possible.

– SugarBeat Breakfast –

Crusty toast (V) <i>Choice of jam, marmalade, marmite, Nutella</i>	£2.75	Eggy bread <i>Crispy bacon</i>	£6.25
Pancakes (V) <i>Choice of Nutella, lemon & sugar, maple syrup</i>	£3.50	Eggs Benedict (GFA) <i>Free range poached eggs on toasted English muffin, sliced ham, hollandaise, pumpkin seeds</i>	£7.50
Natural Yoghurt (V) <i>Fruit compote, granola</i>	£4.95	Eggs Florentine (V) (GFA) <i>Free range poached eggs on toasted English muffin, spinach, hollandaise, pumpkin seeds</i>	£7.25
Bacon Sandwich (GFA) <i>On white, brown or ciabatta</i>	£4.25	Eggs Royale (GFA) <i>Free range poached eggs on toasted English muffin, smoked salmon, hollandaise, pumpkin seeds</i>	£8.95
Field mushrooms (V) (GFA) <i>Thick crusty toast, poached eggs Add avocado</i>	£6.50 £7.95		
Sugar Beat full English breakfast <i>Egg, bacon, sausage, tomato, mushroom, baked beans, hash browns, toast. Vegetarian option available (V)</i>	£8.95		
Three free-range scrambled eggs on toast (V) (GFA) <i>With bacon</i>	£4.95 £5.95		
<i>With smoked salmon</i>	£7.95		

V = Vegetarian / VE = Vegan / GF = Gluten Free / GFA = Gluten Free Adaptable
Many of our dishes are easily adapted to suit those who have allergies, please ask your server for more information. We do offer gluten free bread if required.

Note: *For all allergen details, please ask a member of staff for our information pack.*

Service is discretionary with all tips being split equally between the whole team.

Please note, all of our food is cooked from fresh to order. Please bear this in mind during busy periods as there may be a slight wait for your food. If you are pressed for time, please let one of the team know & we will attempt to accommodate your needs the best we can.

– SugarBeat Main Menu –

Starters & Nibbles

Mixed Olives (V) (VE) (GF)	£2.95
Italian Bread, Olive Oil & Balsamic (V)(VE)	£2.95
Garlic Bread (V)	£2.95
Garlic Bread with Cheese (V)	£3.95
Halloumi Fries (V) <i>Sweet Chilli Sauce</i>	£4.95
Soup of the Day (V) <i>Crusty bread</i>	£5.50
Tomato & Mozzarella Salad (V) (GF) <i>Micro basil, honey & balsamic dressing</i>	£5.95
Duck Spring Rolls <i>Hoisin sauce, Asian slaw</i>	£6.50
Tempura King Prawns <i>Sweet chilli sauce</i>	£8.95
Cheesy Nachos (V)(GF)	£6.95
Large Cheesy Nachos (V)(GF)	£9.95
Cheesy Nachos with Chilli (GF)	£8.95
Large Cheesy Nachos with Chilli (GF) <i>All Served with Guacamole, tomato salsa, sour cream</i>	£11.95

Sandwiches (served 12-6pm)

Tuna Melt <i>Spring onions & melted cheese</i>	£6.95
Club Sandwich <i>Char grilled chicken, bacon, baby gem, tomato, truffle mayo</i>	£6.95

Main Plates

Chicken Caesar Salad £11.95 / with Salmon £14.95 <i>Chicken, bacon, garlic croutons, parmesan shavings</i>	£14.95
Basil Pesto & Cream Penne (V) £9.95 / with Chicken £12.95 <i>Mushrooms, spinach, roast cherry tomatoes</i>	£12.95
Thai Green Curry (V) (VE) (GF) £10.95 / with Chicken (GF) £13.95 <i>Rice, Thai salad</i>	£13.95
Crispy Chilli Chicken £10.95 <i>Tempura chicken, stir fry noodles, spring onions, coriander & sesame seeds</i>	£10.95
Tempura Chilli Prawns £14.95 <i>Tempura king prawns, stir fry noodles, spring onions, coriander & sesame seeds</i>	£14.95
Chunky Chilli (GF) £11.95 <i>Cheddar cheese, sour cream & rice</i>	£11.95
Warm Home Cured Maple Smoked Bacon Loin (GFA) £11.95 <i>Two free range eggs & hand cut chips</i>	£11.95
Beer Battered Fish of the Day £12.95 <i>Hand cut chips, crushed minted peas & tartar sauce</i>	£12.95

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Main Plates

SugarBeat Hunters Chicken (GFA) £13.95 <i>Char grilled chicken breast, Monterey jack cheese, bacon homemade Jack Daniels BBQ sauce, mixed leaf, sweet potato fries</i>	£13.95
Pan Roasted Salmon (GF) £15.95 <i>Crushed new potatoes, tender stem broccoli, roasted cherry tomatoes, hollandaise sauce</i>	£15.95
8oz Rump Steak (GFA) £17.95 <i>Hand cut chips, slow roasted tomato, lambs leaf</i>	£17.95
Surf & Turf (GFA) £20.95 <i>8oz rump steak, garlic king prawns, lambs leaf, hand cut chips, slow roasted tomato</i>	£20.95
Steak Sauces £1.95 each <i>Peppercorn, blue cheese, garlic butter or béarnaise</i>	£1.95 each
Burgers	
Beat Burger £12.95 <i>Brioche bun, bacon, Monterey jack cheese, tomato & roast pepper relish, French fries</i>	£12.95
Southern Fried Chicken Burger £11.95 <i>Brioche bun, Cajun mayo, lettuce, tomato, slaw, French fries</i>	£11.95
Halloumi Burger (V) £11.95 <i>Ciabatta, flame roasted red pepper, basil pesto, mixed leaf, coleslaw, sweet potato fries</i>	£11.95

Sides

French Fries (V) £2.95	£2.95
Hand Cut Chips (V) £3.25	£3.25
Sweet Potato Fries (V) £3.25	£3.25
Onion Rings (V) £2.95	£2.95
Field Mushrooms (V)(VE)(GF) £2.95	£2.95
Beat Slaw (V)(GF) £2.95	£2.95
Side Salad (V)(VE)(GF) £2.95	£2.95

Puddings

House Crème Brûlée (V)(GFA) £5.95 <i>See specials</i>	£5.95
House Cheesecake (V) £5.95 <i>See specials</i>	£5.95
Warm Cookie Dough (V) £5.95 <i>Honeycomb ice cream, chocolate sauce</i>	£5.95
Eton Mess (V) (GF) £5.95 <i>Strawberries, meringue, Chantilly cream, strawberry coulis</i>	£5.95
Chocolate Brownie (V) £5.95 <i>Strawberries, meringue, Chantilly cream, strawberry coulis</i>	£5.95
SugarBeat Sundae (V) – for 2 £8.95 <i>Belgium chocolate, Madagascan vanilla & honeycomb ice cream, chocolate brownie, chocolate sauce</i>	£8.95
3 Scoops of Ice Cream or Sorbets (V) (GF) £3.95	£3.95