

– SugarBeat Main Menu –

Served from Monday to Saturday 12pm-9pm, Sunday 12pm-7pm.

Nibbly Beats

Mixed Olives (V) (GF)	£2.95
Italian Bread, Olive Oil & Balsamic (V)	£2.95
Halloumi Fries <i>Cajun mayonnaise (V)</i>	£4.95
Brie Beignet <i>Sweet chilli sauce (V)</i>	£5.95
Hummus <i>Warm pitta (V)</i>	£4.95
Homemade Crisps <i>Salted, paprika or Cajun (V)</i>	£1.95
Garlic Bread (V)	£2.95
Garlic Bread with Cheese (V)	£3.95
Cheesy Nachos (V) (GF)	small £6.95
<i>Guacamole, tomato salsa, sour cream</i>	large £9.95
With Chunky Chilli (GF)	small £8.95
	large £11.95

Starter Plates

Creamy Garlic Mushrooms (V)	£5.95
<i>Toasted ciabatta, truffle oil</i>	
Pea & Mint Arancini (V)	£5.95
<i>Lemon & pea purée</i>	
Sticky Ribs (GF)	£6.25
<i>Homemade BBQ sauce, coleslaw</i>	
Crispy Duck Leg Pancakes	£6.25
<i>Cucumber, spring onions, hoisin sauce</i>	
Prawn Cocktail (GFA)	£6.25
<i>Avocado, Marie rose sauce, buttered brown bread</i>	
Tempura King Prawns	£8.95
<i>Sweet chilli sauce</i>	

Sandwiches (served with homemade crisps & salad, 12-6pm)

Med Veg Flatbread (V)	£6.25
<i>Sundried tomatoes, chipotle mayonnaise</i>	
Tuna Melt	£6.95
<i>Ciabatta, spring onions, melted cheese</i>	
Club Sandwich	£6.95
<i>Chargrilled chicken, crispy bacon, baby gem, tomato, truffle mayo</i>	
Brie & Bacon	£6.95
<i>Tomato chutney</i>	

Main Plates

Roasted Sweet Potato Salad (V) (GF)	£9.95
<i>Spinach, pomegranate, honey & balsamic dressing</i>	
Cobb Salad (GF)	£11.95
<i>Chicken, bacon, avocado, tomato, baby gem, blue cheese, boiled egg</i>	
Smoked Salmon Salad (GF)	£12.95
<i>Guacamole, celeriac remoulade, mixed leaf, lime dressing</i>	
Thai Green Curry (V) (GF)	£10.95
<i>Rice, Thai salad</i>	
<i>With chicken (GF)</i>	£13.95
<i>With king prawns (GF)</i>	£15.95
Basil Pesto & Cream Rigatoni (V)	£10.95
<i>Mushrooms, spinach, roasted cherry tomatoes, garlic bread</i>	
Roasted Aubergine (V) (GF)	£9.95
<i>Stuffed with lentils & med veg, rich tomato sauce</i>	
Chunky Chilli (GF)	£10.95
<i>Cheddar cheese, sour cream & rice</i>	
Crispy Chilli Chicken £10.95 or Tempura Prawns	£14.95
<i>Tempura chicken or king prawn, stir fry noodles, spring onions, coriander, sesame seeds</i>	
Warm Home Cured Maple Smoked Bacon Loin (GFA)	£11.95
<i>Two free range eggs, hand cut chips</i>	
Beer Battered Fish of the Day	£12.95
<i>Hand cut chips, crushed minted peas, tartar sauce</i>	

Main Plates

SugarBeat Hunters Chicken	£13.95
<i>Chargrilled chicken breast, Monterey jack cheese, bacon, homemade Jack Daniels BBQ sauce, mixed leaf, sweet potato fries</i>	
BBQ Ribs (GFA)	£13.95
<i>Homemade BBQ sauce, French fries, coleslaw, grilled corn on the cob</i>	
Chicken Ballotine (GF)	£14.95
<i>Stuffed with spinach, mushroom & sundried tomato, wrapped in Parma ham, sautéed new potatoes, carrot purée, green beans, red wine jus</i>	
Smoked Haddock Rarebit	£15.95
<i>Chive crushed new potatoes, roasted cherry tomatoes, green beans, Guinness reduction</i>	
Pan Roasted Sea Bass (GF)	£15.95
<i>Mustard & tarragon sauce, peas, carrots, baby gem, parmentier potatoes</i>	
8oz Rump Steak (GFA)	£16.95
<i>Hand cut chips, slow roasted tomato, lambs leaf</i>	
Surf & Turf (GFA)	£19.95
<i>8oz rump steak, garlic king prawns, hand cut chips, slow roasted tomato, lambs leaf</i>	
8oz Sirloin Steak (GFA)	£20.95
<i>Hand cut chips, field mushroom, slow roasted tomato, lambs leaf, onion rings</i>	
Steak Sauces (V) (GF)	£1.95
<i>Peppercorn, blue cheese, garlic butter or béarnaise</i>	each

Burgers

Beat Burger	£12.95
<i>Brioche bun, bacon, Monterey jack cheese, mayonnaise, burger garnish, tomato & roast pepper relish, French fries</i>	
Chicken Burger	£11.95
<i>Ciabatta, chargrilled chicken, bacon, Cajun mayonnaise, lettuce, tomato, coleslaw, French fries</i>	
Halloumi Burger (V)	£11.95
<i>Ciabatta, flame roasted red pepper, basil pesto, mixed leaf, coleslaw, sweet potato fries</i>	

Sides

French Fries (V)	£2.95
Hand Cut Chips (V)	£3.25
Sweet Potato Fries (V)	£3.25
Onion Rings (V)	£2.95
New Potatoes (V) (GF)	£2.95
Field Mushrooms (V) (GF)	£2.95
Beat Slaw (V) (GF)	£2.95
House Salad (V) (GF)	£2.95

Puddings

Warm Chocolate Chip Cookie Dough (V)	£5.95
<i>Honeycomb ice cream, chocolate sauce</i>	
Eton Mess (V) (GF)	£5.95
<i>Strawberries, coulis, Chantilly cream, Meringue</i>	
Summer Pudding (V)	£5.95
<i>Mixed berry compote, pouring cream</i>	
White Chocolate & Raspberry Cheesecake (V)	£5.95
<i>Fresh raspberries, lemon curd ice cream</i>	
Vanilla Ice Cream Snowball (GF)	£5.95
<i>Coconut, charred pineapple, lime marshmallow, warm chocolate sauce</i>	
SugarBeat Sundae for 2 (V) (GF)	£8.95
<i>Lemon curd, Madagascan vanilla & strawberry ice cream, strawberry coulis, Chantilly cream</i>	
Selection of Ice Creams & Sorbets (V) (GF)	£3.95