

– SugarBeat Main Menu –

Served from Monday to Saturday 12pm-9pm, Sunday 12pm-7pm.

Nibbly Beat

Mixed Olives (V) (GF)	£2.95
Italian Bread, Olive Oil & Balsamic (V)	£2.95
Halloumi Fries <i>Garlic aioli (V)</i>	£4.95
Homemade Crisps <i>Cajun, paprika or salted (V)</i>	£1.95
Garlic Bread (V)	£2.95
Garlic Bread with Cheese (V)	£3.95
Cheesy Nachos (V) (GF)	small £6.95
<i>Guacamole, tomato salsa, sour cream</i>	large £9.95
Cheesy Nachos with Chilli (GF)	small £8.95
<i>Guacamole, tomato salsa, sour cream</i>	large £11.95

Starter Plates

Roasted Fig & Goats Cheese Mousse (V) (GF)	£5.95
<i>Toasted walnuts, balsamic glaze</i>	
Macaroni Cheese Balls (V)	£5.95
<i>Tomato marinara sauce</i>	
BBQ Chicken Wings (GF)	£6.25
<i>Spring onions, sesame seeds</i>	
Duck Liver Pate (GFA)	£6.25
<i>Orange & honey glaze, tomato chutney, toasted sourdough</i>	
Crayfish & Lemon Risotto (GF)	£6.25
<i>Samphire</i>	
Tempura King Prawns	£8.95
<i>Sweet chilli sauce</i>	
Loaded Skins	
<i>Bacon, cream cheese, spring onion & cheddar cheese (GF)</i>	£4.95
<i>Cream cheese, spring onion & cheddar cheese (V) (GF)</i>	£3.95

Sandwiches (served with homemade crisps & salad, 12-6)

Welsh Rarebit (V)	£5.95
<i>Bloomer, slow roasted tomato, balsamic glaze</i>	
Tuna Melt	£6.95
<i>Ciabatta, spring onions & melted cheese</i>	
Brie & Bacon	£6.95
<i>Ciabatta, tomato chutney</i>	
Rump Steak	£7.95
<i>Bloomer, whole grain mustard mayonnaise</i>	

Main Plates

Steak Salad (GF)	£10.95
<i>Mixed leaf, sautéed new potatoes, red onions, garlic aioli, honey & mustard dressing</i>	
Smoked Salmon Salad (GF)	£10.95
<i>Mixed leaf, guacamole, celeriac remoulade, lime & ginger dressing</i>	
Vegetable Tagine (V) (GFA)	£8.95
<i>Israeli couscous, micro coriander</i>	
With Chicken	£11.95
Butternut Squash, Beetroot & Spinach Lasagne (V)	£10.95
<i>Mixed leaf salad, garlic bread</i>	
Chunky Chilli (GF)	£10.95
<i>Cheddar cheese, sour cream & rice</i>	
Crispy Chilli Chicken	£9.95
<i>Tempura chicken, stir fry noodles, spring onions, coriander & sesame seeds</i>	
With Tempura Prawns	£14.95
Warm Home Cured Maple Smoked Bacon Loin (GFA)	£10.95
<i>Two free range eggs & hand cut chips</i>	
Pie of the Day	£11.95
<i>Creamy mash, seasonal vegetables</i>	
Beer Battered Fish of the Day	£11.95
<i>Hand cut chips, crushed minted peas & tartar sauce</i>	

Main Plates

Sugarbeat Hunters Chicken	£12.95
<i>Chargrilled chicken breast, Monterey jack cheese, bacon, homemade Jack Daniels BBQ sauce, mixed leaf, sweet potato fries</i>	
Slow Roast Pork Belly & Caramelised Apple (GF)	£13.95
<i>Parsnip purée, parmentier potatoes, leek & cider sauce</i>	
Chicken Supreme (GF)	£13.95
<i>Creamy mash, butternut squash purée, green beans, mushroom jus</i>	
Pan Roasted Salmon (GF)	£15.95
<i>Fricassee of peas, bacon & lemon, gratin potato, tarragon cream sauce</i>	
Beef Feather Blade (GF)	£15.95
<i>Gratin potato, seasonal vegetables, red wine jus</i>	
8oz Rump Steak	£16.95
<i>Watercress, hand cut chips, slow roasted tomato</i>	
Surf & Turf	£19.95
<i>8oz rump steak, garlic king prawns, watercress, hand cut chips, slow roasted tomato</i>	
8oz Sirloin Steak	£20.95
<i>Watercress, hand cut chips, slow roasted tomato, field mushroom, onion rings</i>	
Steak Sauces	£1.95 each
<i>Peppercorn, blue cheese, garlic butter or béarnaise</i>	

Burgers

Beat Burger	£11.95
<i>Brioche bun, bacon, Monterey jack cheese, tomato & roast pepper relish, French fries</i>	
Chicken Burger	£11.95
<i>Ciabatta, chargrilled chicken, bacon, mango mayo, lettuce, tomato, coleslaw, French fries</i>	
Halloumi Burger (V)	£11.95
<i>Ciabatta, garlic aubergine, harissa relish, mixed leaf, coleslaw, sweet potato fries</i>	

Sides

French Fries (V)	£2.95
Hand Cut Chips (V)	£3.25
Sweet Potato Fries (V)	£3.25
Onion Rings (V)	£2.95
New Potatoes (V) (GF)	£2.95
Field Mushrooms (V) (GF)	£2.95
Beat Slaw (V) (GF)	£2.95
House Salad (V) (GF)	£3.25

Puddings

Warm Chocolate Chip Cookie Dough (V)	£5.95
<i>Honeycomb ice cream, chocolate sauce</i>	
Dark Chocolate Bread & Butter Pudding (V)	£5.95
<i>Glazed cherries, cherry ice cream</i>	
Seasonal Fruit Crumble (V)	£5.95
<i>Madagascar vanilla Ice cream</i>	
White Chocolate & Cranberry Cheesecake (V)	£5.95
<i>Pistachio ice cream</i>	
Madagascar Vanilla Crème Brûlée (V) (GFA)	£5.95
<i>Mixed berry compote, shortbread</i>	
SugarBeat Sundae – for 2 (V)	£9.95
<i>Belgium chocolate, Madagascar vanilla & honeycomb ice cream, brownie chunks, chocolate sauce, Chantilly cream</i>	
Selection of Ice Cream or Sorbets (V) (GF)	£3.95